

North DeKalb **Blaze** Track & Field Club

Are you looking for a quality spring and summer athletic program for your child? Well, look no further than the North DeKalb Blaze Track & Field Club!

There will be a very informative meeting for all athletes, parents, coaches, and anyone else who'd like to know more about the **Blaze**.

Monday, February 4, 2013

6:00 p.m.

Chamblee Middle School

North DeKalb Blaze is a Youth Track & Field Club competing in AAU & USATF sanctioned track & field and cross country events, including the National Junior Olympic Games. Find out how your young athlete can learn to run faster, jump higher, and throw farther with the hottest new track and field club in the area!

Events

100m sprint
200m sprint
400m sprint
800m middle distance
1500m middle distance
3000m run
2000m steeplechase
1500m race walk
3000m race walk
80m hurdles
100m hurdles
110m hurdles
200m hurdles
400m hurdles
High Jump
Long Jump
Triple Jump
Discus Throw
Javelin Throw
Turbo Javelin Throw
Shot Put
Relays 4 x 100, 4 x 400, 4 x 800
Triathlon
Pentathlon
Heptathlon
Decathlon
Pole Vault*
(Extra fees involved. Partnered with Pole Vault Atlanta)

Fun! Fitness! Friends!

For more information,

Call

- Coach Holmes 678-472-3827
- Coach Jett 678-683-6505

Or email

northdekalbblazetc@bellsouth.net

Or check out Blaze on the Web

<http://leaguelineup.com/BlazeTrack>