



## WORKING **TOGETHER** TO END HUNGER IN OUR LIFETIME

### Introduction to the Meal Packaging Program

#### THE TRUTH ABOUT HUNGER

- More than a billion people suffer from hunger.
- More people die each year from hunger-related causes than AIDS, malaria and tuberculosis combined.
- More than 25,000 people die of hunger-related causes every day.
- One out of seven people in the developing world suffers from hunger.
- Malnutrition is associated with more than half of all childhood deaths.
- There is enough food in the world to feed everyone 4.3 pounds of food every day.

#### PROGRAM DESCRIPTION

Stop Hunger Now meals pack a big punch. Every dehydrated rice/soy meal is fortified with 21 essential vitamins and nutrients. Research has shown that one in three people in developing countries are adversely affected by vitamin and mineral deficiencies. Addressing the problem of hunger is the single point where we can leverage relief for all humanitarian issues. With your support, relief organizations such as Stop Hunger Now have the means to deliver to ongoing school feeding programs that sustain lifelong change. Providing a hot meal during school gives parents an incentive to send their children to school. Through receiving a primary school education, the cycle of poverty can begin to be broken by leveraging change in many other issues including education, maternal health, childhood mortality, gender equality and combating HIV/AIDS.

#### WHERE YOU COME IN

Countless congregations, civic organizations, corporations and schools have enjoyed organizing a Stop Hunger Now meal packaging event. It is an immensely fun, hands-on and rewarding experience for anyone of any age. A group of 40-50 volunteers can package 10,000 meals in just two hours.

#### GET STARTED

- ✓ Set a goal for the number of meals you will package and contact your local program coordinator.
- ✓ Recruit volunteers based on the number of meals you plan to package.
- ✓ Begin to fund your event. All you need to raise is 25 cents for each meal you package. Ask your local program coordinator for fun fundraising ideas.

#### CONTACT INFORMATION

Kyle Galenski  
Meal Packaging Program Manager- Atlanta  
(404) 461-9581  
[kgalenski@stophungernow.org](mailto:kgalenski@stophungernow.org)  
1022 Williams Drive  
Marietta, GA 30066