

All Saints Basketball Program

2011- 2012

Handbook for:

Player Registration

Tentative Timeline

Fees

Parental Agreement

Coaching Guidelines

Team Rules

2011-2012 All Saints Youth Basketball

Dear Parents,

The All Saints Youth Basketball registration is attached. Please take a few minutes to read through the information.

Registration must be done in person in the Activities Building during regular open hours.

***PRIOR TO REGISTERING CHILDREN, PLEASE CONSIDER THE POLICY OF THE ATHLETIC COMMITTEE THAT TEAM REQUESTS CANNOT BE HONORED BASED ON CARPOOLS, TIME CONFLICTS, OR PROSPECTIVE ASSISTANT COACHING REQUESTS.**

*Parishioner registration begins Monday, August 1

*Community registrations begins Tuesday, September 6

*Registration ends Saturday, September 24 or when respective age groups fill

*Practices begin Sunday, October 23

*Games begin Saturday, November 5

* Prospective coaches must register with the director prior to Saturday, September 24 at 770-393-3255 extension 24

*Coaches certification and meeting will be Tuesday, October 4 at 7:00pm

*Parishioner registration fee per child: \$135 and \$110 depending on if you need a jersey

*Due to limitation and gym availability participation may be limited

*Please register early!!

Ed McGinniss

Director of Athletics

2011- 2012 All Saints Youth Basketball

Tentative timeline for the 2011-2012 basketball season:

Parishioner Registration	Monday, August 1 – Saturday, September 24
Community Registration	Tuesday, September 6- Saturday, September 24
Coaches meeting and certification	Tuesday, October 4, 7:00pm
Evaluations	October 10,11,12,13
Draft dates	October 17-18 (coaches will call their teams)
Practices begin	Sunday, October 24
Scorers and timers meeting	Saturday, October 22, 11:00 am in the gym
Games begin	Saturday, November 5
Gym closed	November 24, 25, 26 (Thanksgiving)
No games or practices	December 18- January 1 (Christmas)
Practices resume	Tuesday, January 3
Picture day	Saturday, January 22
Regular season ends No practices	Saturday, February 4
Tournament	February 11- February 25 (includes Sunday games)
Coaches game and cookout	Sunday, March 4, 2:00pm

It is the policy of the Athletics committee to make all teams through evaluation and team selection, as equal and competitive as possible. Therefore, it is requested that players show up at their evaluation times. Also, we CAN NOT honor any team requests based on carpool, time conflicts or prospective assistant coaching requests.

Coaching Guidelines

All Saints Youth League

1. **Communication:** Ensure the terminology you use is clear and precise. Let the players know you are in charge.
2. **Positive Reinforcement:** Whenever possible give positive reinforcement. Refrain from using negative comments. Use praise as an incentive.
3. **Be creative and use initiative:** If the drill or game is too advanced, modify to increase the chances of success.
4. **Make a difference:** Be motivational and inspirational. Enthusiasm and being energetic are contagious.
5. **Keep players active:** Use assistants to help keep everyone involved.
6. **Each player is an individual:** Be aware of player differences. Recognition of player personalities will allow you to respond to all players, and they will respond to you.
7. **Strive for quality:** In all demonstrations make the desired objectives clear. If a player shows mastery of a skill, use him/her to demonstrate.
8. **Reinforce correct technique:** In all practices and games continually emphasize the use of correct techniques.
9. **Encourage player movement:** Make players aware of the importance of readiness and proper movement.
10. **Develop player respect:** Continually get players to support each other and to show good sportsmanship towards everyone.
11. **Equality amongst players:** Give equal attention to all your players. Do not leave the less competent players behind nor slow the advanced players.
12. **Fun and enjoyment:** Players will respond and want to continue if things are fun. Create their enjoyment.

Parental Agreement

Parents please read and retain

The role that parents play in the life of a student athlete has a tremendous impact on their experience. With this in mind, we have taken some time to write down helpful reminders for all of us to approach the upcoming season.

If you should have any questions about these thoughts, please feel free to discuss it with your coaches.

1. **Let the coaches' coach:** Leave the coaching to the coaches. You have entrusted the care of your child to us and we have to be very free to do this job. Children with too many coaches find it very confusing and their performance usually declines.
2. **Support the program:** Get involved: volunteer, carpool: anything to support the program.
3. **Be your child's best fan:** Support your child unconditionally. Do not withdraw love when your child performs poorly. Your child should never have to perform to win your love.
4. **Support and cheer for all players on the team:** Foster teamwork. Your child's teammates are not the enemy. When they are playing better than your child is, your child now has a wonderful opportunity to learn.
5. **Do not bribe or offer incentives:** Bribes will distract your child from properly concentrating in practice and game situations.
6. **Encourage your child to talk with the coaches:** If your child is having a hard time in practices or games, or cannot make a practice or game, encourage them to talk directly with the coach. This responsibility taking is a big part of becoming a major player. By handling off court tasks, your child is claiming ownership of all aspects of game preparation.
7. **Ensure your child to take responsibility:** Encourage your child to be ready and on time for all practices and games. Warming up and stretching become even more important as your child gets older. Ensure that your child brings their own equipment with them.
8. **Understand and display appropriate game behavior:** Remember, your child's self-esteem and game performance are at stake. Be supportive and appropriate. To perform at the best of their abilities, players need to focus on the parts of the game that they can control (fitness, positioning, decision making, skill, and aggressiveness). If the player focuses on things they cannot control (the condition of the gym, referees, opponents, fans and even the outcome of the game at times); they will not play up to their ability. If the child hears too many people telling them what to do, or yelling at

- the referee, it diverts their attention away from the task at hand. Remember to support your child and their team through positive reinforcement.
9. **Monitor your child's stress level at home:** Keep an eye on your child to make sure they are handling stress effectively from various activities in their life.
 10. **Reality test:** If your child has come off the court when their team has lost, but played their best, help them to see this is a "win." Remind them to focus on the "process" and not "striving to win." Conversely they should be satisfied from success that occurs despite inadequate preparation and performance.
 11. **Keep athletics in its proper perspective:** Athletics should not be larger than life for you. If your child's performance produces strong emotions in you, suppress them. Remember your relationship will continue with your child long after their competitive athletic days are over. Keep your goals and needs separate from your child's experience.
 12. **Have fun:** This is what we will be trying to do! We will try to challenge your child to reach past their "comfort level" and improve themselves as a player, and thus a person. We will attempt to do this in environments that are fun, yet challenging. We look forward to the process and we hope you do too!
 13. **Encourage your child to follow the rules:** All sports have rules, regulations, and procedures. Please encourage your child to follow these.
 14. **Handle problems effectively:** The coach should be the first place to direct any opinions or concerns that you may have. Remember that the coaches are volunteers and are taking time from their schedules to help the players. Do not expose the children to any arguments. However, if there are any difficulties that cannot be handled between you and the coach, you should speak to someone on the athletic board. The athletic board welcomes comments and information to ensure a quality experience for your children.
 15. **Memorize a few important words of encouragement:** Many parents with good intentions give long lectures covering all the players' deficiencies and giving players advice, in the car on the way to each game. The kids arrive far off the optimal mental state, and dreading the critique they are likely to hear, whether they want to or not, on the way home. Here are some examples of what you can:
 - Before the game:** "I love you, good luck today, do your best and have fun."
 - After the game:** "I love you, it was great to see you play, your team played really well, I'm glad you had fun."

All Saints Youth Basketball

Rules for parents and players

1. Players must call their coach if they cannot make it to a practice.
2. Players who miss a practice must arrange with the coach skills to work on at home to cover the areas missed.
3. Team line-ups for games are prepared in advance. Players must advise coach if they will be late or will not make it to a game. Note: If your child looks questionable due to illness or injury, please call in order to allow a backup plan.
4. Players are expected to show a positive attitude and follow directions given by coaches.
5. Players must show appropriate courtesy towards teammates at all times.
6. Player must be willing to play all positions and follow the assignment given by coaches.
7. Player should work on their physical fitness and athletic skill outside of practice.
8. During games, players and parents are expected to show appropriate courtesy to opponents and referees. **The decision of the referee is binding.**
9. Parents should avoid any taunting of opponents or disagreements with the referees, in order to teach sportsmanship to our children. All communications to your child and other players should be general and positive (“good pass,” “nice shot,” “way to go”). Please avoid giving coaching instructions or criticizing your child during games.
10. Violence or profanity of any kind is unacceptable from anyone.
11. The restroom and the lobby area are not places to play. Please supervise your children while in these areas. The All Saints staff has other responsibilities.
12. Parents and players will read and understand the details laid out in this handbook.
13. Failure to follow team rules and abide by the commitment letter will result in appropriate discipline.

Signature of player

Date

Signature of parent/legal guardian

Date

All Saints Youth Basketball

Team Rules for players

1. Learn and follow team rules and rules for the game.
2. Keep your commitments to your team.
3. Always exhibit good sportsmanship to all teammates, coaches, opponents, and officials.
4. Be prepared for every game. Take responsibility for bringing all your equipment.
5. Always do your schoolwork and do not let sports take over your life.
6. Remember that your team needs you.
7. Never say, "I can't." Never make excuses. "I'll try" is acceptable.
8. Never argue with your coaches. They want you to become better players; listen to them and learn from them.
9. Communicate on the court; verbal and visual communications are vital for offense and defense.
10. Never, ever criticize your teammates.
11. Win or lose, if you have given 100% when you walk off the court, you should feel proud of your effort.
12. Remember, sports are supposed to be fun.

2011- 2012 All Saints Youth Basketball

Evaluations

Players- Parents- Coaches

Please make special note of these dates and times. It is the goal of the Athletic Committee to have an equitable and competitive league. In order to meet this challenge we expect all players and coaches to attend their evaluations. **There is no make- up time available.**

Monday, October 10	7-8 Boys 6:30pm 11-12 Boys 8:00pm
Tuesday, October 11	7-8-9 Girls 6:30pm 10-11-12 Girls 8:00pm
Wednesday, October 12	13-14 Boys 7:00pm
Thursday, October 13	9-10 Boys 6:30pm

Coach's children not at evaluation will be slotted as a first round pick in the draft. A head coach cannot choose assistant coaches in the league until draft for that league is complete.

Team Selection- Draft dates and times

Coaches

Sunday, October 16	7-8 Boys 12:00pm 7-8-9 Girls 4:30pm 9-10 Boys 1:30pm 10-11-12 Girls 6:00pm 11-12 Boys 3:00pm
Monday, October 17	13-14 Boys 7:00pm

2011- 2012 All Saints Youth Basketball

Coaches:

In order to be considered as a youth basketball coach for the 2011- 2012 season, you must register with Ed McGinniss prior to Saturday, September 24. All selected coaches are expected to attend the coaches meeting and certification on Tuesday, October 4, at 7:00pm in the Scout Building.

Scorers and Timers

In order to be considered as a scorekeeper you must register in person at the scorekeepers meeting on Saturday, October 22, at 11:00 in the gym. This is open to all youth 10 years and older.

General Information

1. Age groups, age as of September 1, 2011
Boys (7-8), (9-10), (11-12), (13-14), and (15- high school senior)
Girls (7-8-9), (10-11-12), and (13- up)
2. Register in person in the Activities Building during open hours
*No phone- in registrations will be accepted
*No mail- in registrations will be accepted
3. No registrations will be taken on the basis of carpools!
4. Fees and registration dates:

*Parishioners: Register August 1 through September 24
Fee per child: \$135 if a jersey is needed
\$110 if no jersey is needed

*Non- parishioners: Register September 6 through September 24
Fee per child: \$145 if a jersey is needed
\$120 if no jersey is needed

2011- 2012 All Saints Youth Basketball
Registration Form

Player's Name: _____ Age: _____

Boys age league: _____ Girls age league: _____

Age (as of September 1, 2011): _____ Date of Birth: ____/____/____

Sex: M – F

Address: _____

E-mail address: _____

Home phone: (____) ____-____

Mother's name: _____ Day phone: (____) ____-____

Cell phone: (____) ____-____

Father's name: _____ Day phone: (____) ____-____

Cell phone: (____) ____-____

Emergency Contact: _____ Phone: (____) ____-____

1. Does the player need a new reversible jersey: yes / no

2. All Saints Parishioner: yes / no

3. Registration fee \$____ (non-refundable) Due at the time of registration

(Parishioners \$135/ \$110) (Non-parishioners \$145/\$120)

4. Make checks payable to: All Saints Basketball

5. Parents, interested in coaching: yes/no

if yes which age group _____

6. I understand that specific team request cannot be honored for any circumstances

Including carpools, practice times, specific coaches, etc. At the completion of the

Respective team selections/drafts: Players will not be moved or traveled to

another team within the league.

7. In order to be fair to the competitiveness and equity of the All Saints League:

Should your child either have prior commitments or have the possibility of

making his/her school team: Please be aware that after the teams are selected

your child should be committed to attend the practices and games at All

Saints. If this presents problems, please do not register your child; as there is

a no refund policy and league parity will jeopardized.

8. Comments: _____

I agree that I will not hold All Saints Catholic Church, employees, or volunteers liable for any injury that might occur in, at or around the All Saints Catholic Church or the Activities Center. Furthermore, I give medical release for the treatment of my child in the event treatment is required and I am unable to be contacted at the time. I have read and understood the registration policy.

_____/_____/_____
Signature of parent/ legal guardian Date

Medical Authorization and Release

Please complete and return with registration form:

In connection with the participation of my child in the All Saints Basketball program, this is to authorize the team coach (or their designee) to consent to the rendering of any medical treatment which they consider to be appropriate, in the event that my child is injured or becomes ill during practices, games or other team activities. This is to further authorize any hospital, physician, emergency medical technician or other health care provider to provide such medical treatment and care as may be required for health, safety, and well being of my child. I hereby release any claims, which I might otherwise have against any such health care provider for the rendition of medical services to my child in reliance upon this medical authorization. I likewise release any claims which I might otherwise have against All Saints Catholic Church, any tournament organizers and any team coaches or their designees, for the authorization of such medical care or treatment for my child as any of the team coaches believe to be warranted under the circumstances. I understand and agree that I will be financially responsible for all charges incurred concerning such medical treatment.

My health care insurance carrier is: _____

Policy number: _____ Their phone number: (____) ____ - _____

My child's full name is: _____

My child's date of birth is: ____/____/____

My child's school and grade is: _____

My child's regular physician is: _____ Phone: (____) ____ - _____

Other doctors of my child are: _____

My child has the following medical conditions/drug allergies: _____

My child is taking the following medications: _____

Last tetanus/Diphtheria booster: _____

This authorization shall remain in effect until May 1, 2012 Initials: _____

Emergency contact in the event I cannot be located is: _____
Phone: (____) ____ - _____

Signature of parent/legal guardian _____ Date: ____/____/____

Parent/guardian name: _____ Phone: (____) ____ - _____