

# Positive Discipline

## A Parenting Workshop

Come learn some **essential solutions** to common parenting challenges

**Are you familiar with any of these scenarios?**

*Power Struggles*

*Whining*

*Bedtime Hassles*

*Sibling Conflicts*

*Morning Stress*

*Temper Tantrums*

*Aggression*

*Sharing*

**DISCOVER HOW TO RESOLVE THESE COMMON ISSUES WITH LOVE AND RESPECT, WITHOUT REWARDS OR PUNISHMENTS**

Positive Discipline is an essential parenting philosophy of non-punitive, respectful strategies that incorporate kindness and firmness; helps get to the core of a child's misbehavior, bring joy into the home and give parents a sense of accomplishment.

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Seven-week course

Wednesdays, 6:30p – 8:30p

April 6<sup>th</sup> - May 25<sup>th</sup> (no class April 20<sup>th</sup>)

Cost: \$150 per person \$275 per couple

Congregation B'nai Torah

700 Mount Vernon Highway, Atlanta, GA 30328

Space is limited and fills quickly, please return promptly to secure your spot!

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*"Felissa knows the material, not just regurgitates the book. She gave me actual tools that I can choose from and I practice them daily. She's a positive and enthusiastic teacher who continuously checks in to make sure her former students are still on track."*  
*-Laura Beth Summerfield*

**Contact Felissa Covin to enroll**

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